

Different wheels.
Same amazing mom. ♥

New Wheels

A Jordan Story ♥

Same family.
Brighter days ahead. ♥

STILL THE SAME TEAM ♥

Discussion & Reflection Guide

Real families. Real challenges. Brighter days. ♥

About the Book

New Wheels: A Jordan Story follows Jordan, an eight-year-old boy, as he navigates big changes after his mom is injured in a car accident and begins using a wheelchair.

At first, Jordan feels embarrassed, worried, and unsure how to handle the stares and questions from others. Through real-life moments—school pickup, grocery store aisles, museum visits, and basketball practice—Jordan learns that his mom is still the same amazing mom, just with new wheels.

With honesty, heart, and a touch of humor, this story shows that families can face hard things and still find joy, connection, and strength together.

Different wheels.
Same love. ♥



Suggested Age Range

Ages 6–10

Best used with:

- Parents and caregivers
- Teachers
- School counselors
- Therapists (OT, PT, school-based)
- Children experiencing a parent's disability or injury
- Siblings and family members
- Classroom discussions
- Libraries
- Book clubs



Key Themes

- Disability and injury
- Family love and support
- Big feelings (embarrassment, worry, curiosity)
- Adaptation and problem-solving
- Inclusion and accessibility
- Kindness and empathy
- Resilience and strength
- It's okay to be different
- Asking for help
- You are not alone

Different wheels. Greater possibilities. ♥

Why This Book Matters

New Wheels helps children see that when a parent's life changes due to an injury or disability, it doesn't mean the love, the fun, or the family goes away.

This story helps children understand:

- ♥ It's okay to have big feelings.
- ♥ People may stare or ask questions, and that can be hard.
- ♥ A parent's disability or injury is not a child's fault.
- ♥ Families can still do many of the same things, just in different ways.
- ♥ Kindness, patience, and understanding make a big difference.
- ♥ Everyone deserves to be included.
- ♥ We can adapt, problem-solve, and find new ways to do the things we love.

It opens the door for meaningful conversations about change, accessibility, and how love keeps a family strong.



Same family.
Brighter days ahead. ♥



Before Reading

You might ask:

- 1 What do you know about wheelchairs or other mobility aids?
- 2 Have you ever seen someone use a wheelchair?
- 3 What are some ways people can get around if walking is hard?
- 4 What does it mean to be kind and include everyone?

There are no right or wrong answers. As children share as much—or as little—as they feel comfortable.



Let's Talk About Jordan

- 1 How do you think Jordan felt when he first saw his mom's wheelchair?
- 2 What were some of the challenges Jordan faced?
- 3 What helped Jordan feel better?
- 4 How did Jordan's mom show him that she was still the same mom?
- 5 What are some ways Jordan and his family adapted to do the things they love?
- 6 How can we be kind if we see someone who uses a wheelchair?
- 7 What would you say to a friend who is feeling embarrassed about a family member's injury or disability?
- 8 What is one thing you learned from Jordan's story?



Gentle Connection Questions

- What are some ways we can include everyone at school, on the playground, or in our community?
- How can we respond if someone asks questions that feel uncomfortable?
- What are some strengths your family has when facing challenges?
- What does it mean to be a good friend?
- How can we show kindness and patience when someone is learning something new?
- What are some ways we can help make our school and community more accessible for everyone?



Kindness rolls further than you know. ♥



Try This: Inclusion Ideas

Choose one or more activities to try:

- ♥ Draw a picture of your family doing something you love—together.
- ♥ Make a list of ways to include others at school or in your community.
- ♥ Learn three kind things to say if you see someone in a wheelchair.
- ♥ Create a "Different Wheels, Same Fun" collage.
- ♥ Write or draw about a time you showed kindness to someone.



A Note for Adults

This book can be a helpful tool for starting conversations about injury, disability, accessibility, and family change. Some children may have personal experiences with these topics, while others may be learning about them for the first time.

- ♥ Let the child lead the conversation.
- ♥ Validate their feelings.
- ♥ Answer questions honestly and at an age-appropriate level.
- ♥ Emphasize that differences are a natural part of life.
- ♥ Encourage empathy, inclusion, and kindness.
- ♥ Celebrate problem-solving and resilience.

More understanding.
A kinder world.
Brighter tomorrows. ♥



Steady Heart Studio
Stories for Brighter Tomorrows ♥

"Kindness, inclusion, and understanding
can change everything."

