

The Steady Heart Series

Real kids. Real challenges. Brighter tomorrows.

Braver
Conversations
Kinder Communities
Brighter
Tomorrows.

Different
Stories.
A Brighter
Tomorrow
for Every Child.

KIND PEOPLE
CHANGE
THE WORLD

Books
for a
brighter
tomorrow

About the Series

The Steady Heart Series is a growing collection of warm, hopeful stories that help children talk about hard things in safe, age-appropriate, compassionate ways. The books explore real-life challenges while focusing on kindness, resilience, belonging, connection, and hope.

Real Challenges.
Brighter Tomorrows.

Best Used With

- Parents and caregivers
- Teachers
- School counselors
- Therapists
- CASA volunteers
- Librarians
- Classrooms
- Small groups
- Book clubs

Stronger Together



What the Series Helps Children Explore

- Housing instability
- Kinship care and different family structures
- ADHD and different ways of learning
- Deafness and ASL
- Divorce and two homes
- Disability and communication differences
- Food insecurity
- Physical disability or injury
- Military deployment
- Alzheimer's and memory changes
- Belonging
- Kindness
- Asking for help

Real
Topics.
Brave
Kids.

Why This Series Matters

- Helps children feel seen.
- Opens gentle conversations.
- Builds empathy.
- Normalizes questions.
- Highlights safe adults and community support.
- Reminds children that hard seasons do not last forever.



Every
Child
Belongs
Here.

A Growing Series

More Steady Heart stories are on the way.

New titles will continue to be added as the series grows.

Each new book is designed to help children and the adults who love them talk about real feelings, real challenges, and brighter tomorrows.



More
Stories.
More Kids.
Brighter
Tomorrows.

Current Steady Heart Titles

- Our Car Has a Name
- The Emergency Contact
- Fast Forward
- The Sign Between Us
- Two Front Doors
- Poppy's Words
- The Snack Stash
- New Wheels
- The Deployment Bear
- Checkers with Pop Pop



Big feelings.
Brighter Tomorrows.

A Note for Adults

These books are conversation starters, not pressure points. Let children share at their own pace, answer questions honestly, and focus on safety, empathy, and hope. Every child's experience is unique, and what matters most is that they feel listened to, supported, and loved.

You make a difference.
Thank you for being part of their story.

Patient
Questions
Brighter
Days

Steady Heart Studio
Stories for Brighter Tomorrows

"Small stories can open
big conversations."



KINDNESS LIVES HERE
ALL FAMILIES BELONG
DIFFERENCES MATTER
BRIGHTER TOMORROWS
TOGETHER