

Two Front Doors

A Sage Story

Discussion & Reflection Guide

Two homes. One whole kid. ♥

Different Homes
Brighter Days
♥

Mom's Place
♥

Dad's House
♥

Kind People
Brighter Days
♥

SAME
SAGE
BRIGHTER
DAYS
♥

About the Book

Two Front Doors: A Sage Story follows Sage, a nine-year-old girl, as she adjusts to life between her mom's apartment and her dad's house. She has two toothbrushes, two bedrooms, and two front doors. While some things feel different, Sage begins to notice how much love, stability, and happiness she still has.

With humor, honesty, and a little help from the people who care about her, Sage learns that it's okay to have two homes, that both parents love her, and that she can be herself in both places.



Suggested Age Range

Ages 6–10

Best used with:

- Parents and caregivers
- Teachers
- School counselors
- Therapists
- Children experiencing divorce or separation
- Siblings and family members
- Classroom discussions
- Book clubs

Key Themes

- Divorce and family changes
- Two homes, one loved child
- Big feelings and adjustment
- Stability and routines
- Love from both parents
- Communication and honesty
- It's okay to miss the other parent
- Belonging in both places
- Kindness and understanding
- You are not alone
- Families can look different and still be strong

Why This Book Matters

Two Front Doors helps children see that divorce is not their fault and that it's possible to love and feel close to both parents, even when they live in different places.

This story helps children understand:

- ♥ It's okay to have big feelings.
- ♥ They can love both mom and dad.
- ♥ Routines and stability can help, even when life looks different.
- ♥ Families can be kind, respectful, and cooperative.
- ♥ They can be themselves in both homes.
- ♥ It's okay to miss the other parent.
- ♥ Their needs and feelings are valid and important.

It opens the door for gentle, supportive conversations about divorce in a way that feels safe, reassuring, and full of hope.



Different homes.
Same love.
A brighter tomorrow. ♥

Before Reading

You might ask:

- 1 What are some different kinds of families?
- 2 What does "divorce" mean?
- 3 What are some things that might feel hard when parents live in different homes?
- 4 What are some things that can stay the same, even when a family changes?

There are no right or wrong answers. Let children share as much—or as little—as they feel comfortable.

Let's Talk About Sage

- 1 How do you think Sage felt when she learned about the two homes?
- 2 What are some good things about having two homes?
- 3 What are some things that might be hard?
- 4 What helps Sage feel better when she misses the other parent?
- 5 How does the story show that both parents love Sage?
- 6 What are some ways people can be kind and respectful during changes?
- 7 What does "home" mean to you?
- 8 What would you say to a friend who is having a hard time with their family changes?

Gentle Connection Questions

- What are some people you can talk to when you have big feelings?
- What makes you feel safe and loved?
- What are some things that help you feel comfortable when you are in a new place?
- How can we show kindness to everyone in our family, even when things are hard?
- What are some ways you can take care of yourself when you miss someone?
- What are some good things about your family?



Same Sage.
Still You.
Always Enough. ♥

Try This: My Two Homes Map

Invite the child to draw two houses—one for each home. They can fill each house with people, pets, favorite activities, and special things they love about each place.

This can help start a conversation about:

- ♥ What feels the same in both homes
- ♥ What feels different
- ♥ What they enjoy about each place
- ♥ The people who make them feel safe and loved



Two places.
Many reasons
to be happy. ♥

A Note for Adults

This book can be a valuable tool for children navigating the emotional challenges of divorce or separation. Some children may have personal experiences, while others may be supporting a friend or classmate.

- ♥ Validate all feelings—big or small.
- ♥ Reassure children that they are not to blame.
- ♥ Speak positively about both parents whenever possible.
- ♥ Encourage open, age-appropriate conversations.
- ♥ Maintain consistency and routines.
- ♥ Focus on the child's strengths, resilience, and support system.

Kind
Conversations
Stronger
Children. ♥

Two homes can mean twice the love. ♥

Steady Heart Studio

Stories for Brighter Tomorrows ♥

"Different homes. Same heart.
A brighter tomorrow."